

**NATIONAL PROVINCIAL
SECONDARY SCHOOL GAME**



**JEUX NATIONAUX ET PROVINCIAUX
DES ECOLES SECONDAIRES**

**VNPSSG DAY 1: Monday 13th August 2018.
ATHLETIC PROGRAMS**

Time	Track Event	Category	Male/Female	Type. Of Heat
5am-6am	Cross Country	Open	Male & Female	Final
6:15AM	Setting up			
6:25AM	Setting up			
7:30AM	100M	A	F	1
7:35AM	100M	A	F	2
7:40AM	100M	A	F	3
7:45AM	100M	A	M	1
7:50AM	100M	A	M	2
7:55AM	100M	A	M	3
8:00AM	100M	B	F	1
8:05AM	100M	B	F	2
8:10AM	100M	B	F	3
8:15AM	100M	B	M	1
8:20AM	100M	B	M	2
8:25AM	100M	B	M	3
8:30AM	400M	A	F	1
8:35AM	400M	A	F	2
8:40AM	400M	A	F	3
8:45AM	400M	A	M	1
8:50AM	400M	A	M	2
8:55AM	400M	A	M	3
9:00AM	400M	B	F	1
9:05AM	400M	B	F	2
9:10AM	400M	B	F	3
9:15AM	400M	B	M	1
9:20AM	400M	B	M	2
9:25AM	400M	B	M	3
9:30AM	200M	A	F	1
9:35AM	200M	A	F	2

9:40AM	200M	A	F	3
9:45AM	200M	A	M	1
9:50AM	200M	A	M	2
9:55AM	200M	A	M	3
10:00AM	200M	B	F	1
10:05AM	200M	B	F	2
10:15AM	200M	B	F	3
10:25AM	200M	B	M	1
10:30AM	200M	B	M	2
10:35AM	200M	B	M	3
10:40AM	3000M	Open	F	Final
11:00AM	3000M	Open	M	Final
1:30PM	800M	A	F	Final
1:40PM	800M	A	M	Final
1:50PM	800M	B	F	Final
2:00PM	800M	B	M	Final
2:10PM	1500M	Open	F	Final
2:20PM	1500M	Open	M	Final
2:30PM	100M	B	F	Semi-Final
2:40PM	100M	B	F	Semi-Final
2:50PM	100M	B	M	Semi-Final
3:00PM	100M	B	M	Semi-Final
3:10PM	100M	A	F	Semi-Final
3:25PM	100M	A	F	Semi-Final
3:40PM	100M	A	M	Semi-Final
3:55PM	100M	A	M	Semi-Final